

THE UNITED REPUBLIC OF TANZANIA



MINISTRY OF HEALTH

PHASING OUT THE USE OF DENTAL AMALGAM IN DENTAL PRACTICE

The Ministry of Health has instructed all Oral Health Care providers in the country to stop the use of Dental Amalgam during restorative treatment of carious teeth since January 2022. The country has stopped the use of this Dental Amalgam not only to Pregnant Women and Children but also to the general population into both Public and Private Health Facilities offering Dental services.

The country has also instructed Dental Practitioners countrywide to stop ordering and Purchasing Dental Amalgam again as we want to Phase it out completely. To implement this, the Ministry of Health has conducted several Capacity Building on the use of Alternative Dental Filling Materials which can work as much as what Dental Amalgam did.

The available ALTERNATIVE DENTAL FILLING MATERIALS in Tanzania are

1. Glass Ionomer Cement (GIC)
2. Light cure Composite Resin Material
3. Cention N (as the best alternative material for Amalgam in Tanzania)

Therefore, Tanzania is Dental Amalgam free country after abiding to Minamata Convention 2013 of Phasing out Dental Amalgam in dental practice.